



eleventh annual

BE AWARE 5K

walk / run for youth suicide awareness & prevention

Saturday, October 12th, 2019

Check-In starts at 9am • Run / Walk begins promptly at 10am

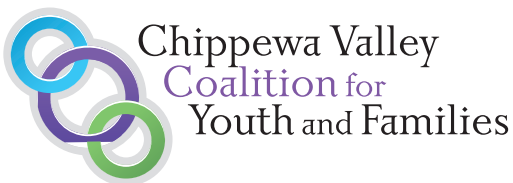
\$25 registration fee (includes t-shirt, timed by Hanson's)

Dakota High School (ninth grade center) • 21055 21 Mile Road • Macomb



An event that unites the community in preventing youth suicide and spreads the message that there is help and hope!

Suicide is currently the 2nd leading cause of death for youth ages 10 to 24. Please join us on this 5k walk / run (or 1 mile walk) to help raise funds and awareness for youth suicide prevention. Proceeds raised through this event support awareness and prevention programs offered locally through KnowResolve and the Chippewa Valley Coalition for Youth and Families.



Visit www.BeAware5k.com for more info and registration

KnowResolve is a Macomb County based 501(c)(3) non-profit organization and donations are tax deductible. For more information, please visit us at: www.KnowResolve.org. The Chippewa Valley Coalition for Youth and Families joins school and community in promoting safe, healthy, and drug-free youth and supports families. For more information, please call 586-723-2360 or visit www.cvcoalition.org.